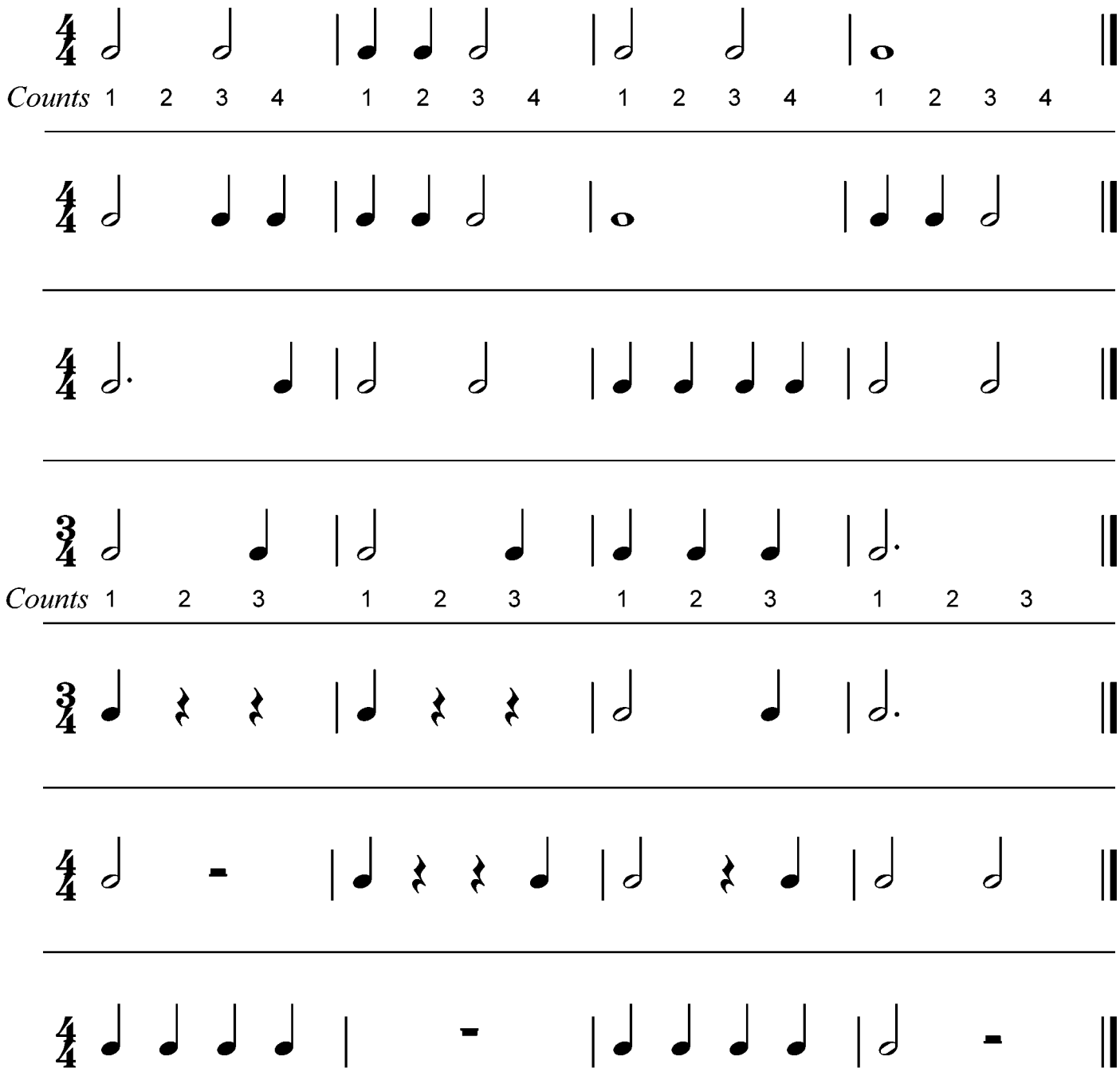RHYTHMICAL EXERCISES TO CLAP AND COUNT